## **Previous Topic**

Physical development in nursery

# Body Management

Reception

# **Next Topic**

Gymnastics

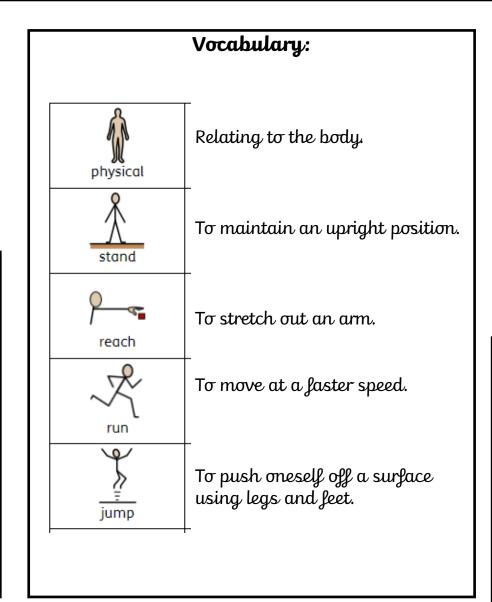
## Prior learning:

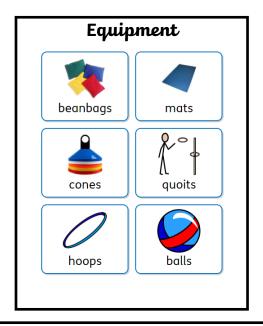
In Nursery, we learnt...

- To stand and balance for short periods on one foot.
- To climb stairs and move over large and small steps.
- To use hands and feet to negotiate obstacles.

### Key skills:

- 1. Complete balance obstacle challenges.
- Work with others to move through hoops.
- Reach and stretch to retrieve and place objects.
- 4. Steps, strides, hops, bounces, bridges and tunnels.
- Use a variety of ways to travel.
- 6. To run and jump.





### Key Questions:

- Describe one difference between a small and a tall shape.
- Were there any ways in which it was harder to climb over / on to? For example your feet first?
- Which body parts did you balance on to make your bridges?