HMPS Overview PSHE/RSE 2024-2025

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 MindMate	Feeling good and being me	Feeling good and being me	Feeling good and being me	Feeling good and being me	Feeling good and being me	Feeling good and being me
Autumn 1 Jigsaw PSHE	Being me in my world	Being me in my world	Being me in my world	Being me in my world	Being me in my world	Being me in my world
Autumn 2 MindMate	Friends and family	Friends and family	Friends and family	Friends and family	Friends and family	Friends and family
Autumn 2 Jigsaw PSHE	Celebrating difference Internet safety	Celebrating difference Internet safety	Celebrating difference Internet safety	Celebrating difference Internet safety	Celebrating difference Internet safety	Celebrating difference Internet safety
Spring 1 MindMate	Life Changes	Life Changes	Life Changes	Life Changes	Life Changes	Life Changes
Spring 1 Jigsaw PSHE **Money Hero's**	Dreams and Goals	Dreams and Goals	Dreams and Goals Financial Education	Dreams and Goals Financial Education	Dreams and Goals Financial Education	Dreams and Goals
Spring 2 MindMate	Strong Emotions	Strong Emotions	Strong Emotions	Strong Emotions	Strong Emotions	Strong Emotions
Spring 2 Jigsaw PSHE	Healthy Me	Healthy Me	Healthy Me	Healthy Me	Healthy Me	Healthy Me
Summer 1 MindMate	Being the same, Being different	Being the same, Being different	Being the same, Being different	Being the same, Being different	Being the same, Being different	Being the same, Being different
Summer 1 Jigsaw PSHE	Relationships	Relationships	Relationships Basic first aid	Relationships Basic First Aid	Relationships Basic First Aid	Relationships Basic First Aid
Summer 2 MindMate	Solving problems/ making it better	Solving problems/ making it better	Solving problems/ making it better	Solving problems/ making it better	Solving problems/ making it better	Solving problems/ making it better
Summer 2 Jigsaw PSHE	Changing me	Changing me	Changing me	Changing me	Changing me	Changing me