

Year Two PSHE End Point

Year group	National Curriculum Objectives					
	Autumn 1 Being me in my world	Autumn 2 Celebrating difference	Spring 1 Dreams and Goals	Spring 2 Healthy me	Summer 1 Relationships	Summer 2 Changing me
2	<p>1 I can identify some of my hopes and fears for this year I know how to use my Jigsaw Journal Hopes, Fears, Worries</p> <p>2 I understand the rights and responsibilities for being a member of my class and school Responsible, rights, community</p> <p>3 I listen to other people and contribute my own ideas about rewards and consequences Co-Operate, ideas, contribution.</p> <p>4 I can listen to other people and contribute my own ideas about rewards and consequences Choices, Problem-Solving</p> <p>5 I understand how following the Learning Charter will help me and others learn Learn together, charter, create.</p> <p>6 I recognise the choices I make and understand the consequences Actions, Praise, Positive, Negative</p>	<p>1 I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes) stereotype, assume</p> <p>2 I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes) stereotype, assume</p> <p>3 I understand that bullying is sometimes about difference Sad, Frightened, Angry, different</p> <p>4 I can recognise what is right and wrong and know how to look after myself. Right wrong</p> <p>5 I understand that it is OK to be different from other people and to be friends with them Different, Special</p> <p>6 I can tell you some ways I am different from my friends Proud, Friends, Kind, Same, Similar, different</p>	<p>1 I can choose a realistic goal and think about how to achieve it. Goal, achieve, realistic</p> <p>2 I carry on trying (persevering) even when I find tasks difficult Persevere, keep trying, difficult, easy</p> <p>3 I can recognise who I work well with and who it is more difficult for me to work with Choices, group work, positive influence.</p> <p>4 I can work well in a group to create an end product. Collaborative, group, contribute</p> <p>5 I can explain some of the ways I worked well in my group to create the end product. proud, finished, team</p> <p>6 I know how to share success with other people. Success, talk, praise.</p>	<p>1 I know what I need to keep my body healthy Healthy, choices, Lifestyle</p> <p>2 I can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed Motivation, Relax, Relaxation, Tense, Calm</p> <p>3 I understand how medicines work in my body and how important it is to use them safely Dangerous, Medicines, Body</p> <p>4 I can sort foods into the correct food groups and know which foods my body needs every day to keep me healthy Fuel, Nutritious</p> <p>5 I can make some healthy snacks and explain why they are good for my body Balanced diet,</p> <p>6 I can decide which foods to eat to give my body energy Portion, Proportion, Energy,</p>	<p>1 I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate. family, relationship, unique.</p> <p>2 I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not. Appropriate touch, inappropriate touch, physical contact.</p> <p>3 I can identify some of the things that cause conflict with my friends. Conflict, argue, fall out.</p> <p>4 I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret. Secret, private, safe, unsafe</p> <p>5 I recognise and appreciate people who can help me in my family, my school and my community. Help, community, trusted adults</p> <p>6 I can express my appreciation for the people in my special relationships. Special, appreciate, love.</p>	<p>1 I can recognise cycles of life in nature. Life cycle, plant, grow, develop</p> <p>2 I can tell you about the natural process of growing from young to old and understand that this is not in my control. Baby, adult, change, growth</p> <p>3 I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old. Different, changes, body, bigger.</p> <p>4 I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, anus, testicles, vagina, vulva) and appreciate that some parts of my body are private. Private, safe, (penis, anus, testicles, vagina, vulva)</p> <p>5 I understand there are different types of touch and can tell you which ones I like and don't like. Appropriate touch, safe, like, dislike.</p> <p>6 I can identify what I am looking forward to when I move to my next class. Excited, transition, change</p>

By the end of Year Two, children will have a solid understanding of the rights and responsibilities of being a member of a class and school. They will be able to contribute ideas of different rewards and consequences and how to follow the class rules. Children will be able to talk about stereotypes and recognise what is right and wrong. Children will be able to set a realistic goal and make a plan to work to achieve it. They will be able to work as a group and explain some of the ways they were able to work well in the group. Children will know what their body needs to be healthy and understand how medicines work in their body. Children will be able to sort foods into the correct groups to show a balanced diet. Children will be able to talk about physical contact and safe touch, within their family and friendship groups and discuss conflict and resolution. Finally, children will begin to understand life cycles of nature and explain how the natural process of growing from young to old. Children will identify the physical differences of the body that make boys and girls different and use the correct names for these.