



Hunslet Moor Primary School
Headteacher: Miss H Darley
Telephone: 0113 271 7257
Email: Enquiries@hunsletmoor.co.uk

Friday 24th January 2025

Our Relationship and Health Education Programme in Upper Key Stage Two

Dear Parent/ Carer,

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics such as relationships, including friendships and family relationships, physical and emotional health and living in the wider world. The aim of the PSHE lessons are to help our pupils make safe and informed decisions during their school years and beyond. We will be using the PSHE scheme Jigsaw to deliver this curriculum.

Year Five

Relationships and Health Education is an important part of the PSHE curriculum. We will be teaching lessons in **Year Five** in the Summer term which will include key learning such as:

- Pupils learn about the physical changes associated with puberty
- Pupils learn how to stay safe when using technology to communicate with friends
- Pupils learn how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty
- Pupils learn to answer each other's questions about puberty with confidence, to seek support and advice when they need it

This content is statutory within the PSHE curriculum for Health Education; Changing Me and therefore compulsory for all children.

Year Six

Relationship and Sex Education (RSE) is an important part of the PSHE curriculum. We will be teaching lessons about RSE in the Summer term in **Year Six** which will include topics such as puberty, relationships and communication skills, body image, stereotyping and sexuality, pregnancy and conception, unhealthy relationships and keeping safe. During these lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of Relationship and Health Education are compulsory - these are parts of the National Curriculum for Science and the statutory PSHE curriculum for Health Education; Changing Me. If they wish to do so, parents can only withdraw their children from some parts of RSE curriculum which include lessons about conception and making a baby. These are outlined below as non-statutory.

However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content

The designated Child Protection Officers of the school are Mrs K Dellow, Miss H Darley, Miss L Bolger, Mrs L Hemingway, Mrs F May and Mrs D Graham





Hunslet Moor Primary School
 Headteacher: Miss H Darley
 Telephone: 0113 271 7257
 Email: Enquiries@hunsletmoor.co.uk

second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons. Below outlines the statutory and non-statutory curriculum.

Statutory	Non-statutory
<p>Science</p> <ul style="list-style-type: none"> Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents <p>Health Education; Changing Adolescence Body</p> <ul style="list-style-type: none"> Pupils learn about the changes that occur during puberty Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships 	<ul style="list-style-type: none"> Pupils learn about human reproduction in the context of the human lifecycle Pupils learn how a baby is made and grows (conception and pregnancy)

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

During these lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. Many parents and parent-related organisations support good quality Relationship and Health Education in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

We will be holding an information session for parents on the following date:

Thursday 13th February at 9am in the large hall. Please enter via the hall door.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about content before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting your child's class teacher. All materials used are available for you to browse through should you so wish.

If you would like further clarification regarding your child's entitlement to receiving the Relationship and Health curriculum and your duty as a Parent/Carer, the RSE policy is available to view on the school website and we highly recommend attending either parent information session as outlined above.

Many thanks,

Miss Bates
 Assistant Headteacher
 PSHE Leader

The designated Child Protection Officers of the school are Mrs K Dellow, Miss H Darley, Miss L Bolger, Mrs L Hemingway, Mrs F May and Mrs D Graham

