



Hunslet Moor Primary School  
Headteacher: Miss H Darley  
Telephone: 0113 271 7257  
Email: [Enquiries@hunsletmoor.co.uk](mailto:Enquiries@hunsletmoor.co.uk)

Friday 24<sup>th</sup> January 2025

Our Relationship and Health Education Programme in Lower Key Stage Two

Dear Parent/ Carer,

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics such as relationships, including friendships and family relationships, physical and emotional health and living in the wider world. The aim of the PSHE lessons are to help our pupils make safe and informed decisions during their school years and beyond. We will be using the PSHE scheme Jigsaw to deliver this curriculum.

Relationships and Health Education is an important part of the PSHE curriculum. We will be teaching lessons in **Year Three** in the Summer term which will include key learning such as:

- Pupils learn that different family members carry out different roles and have different responsibilities.
- Pupils learn that they and all children have rights.
- Pupils learn appropriate strategies on how to keep themselves safe online.
- Pupils learn some of the changes that happen between being a baby and a child.
- Pupil learn that babies need love and care from their parents/carers

This content is statutory within the PSHE curriculum as part of the Relationships and Health Education guidance (DfE 2020). Some of this work will also link to the Science curriculum.

Relationships and Health Education is an important part of the PSHE curriculum. We will be teaching lessons in **Year Four** in the Summer term which will include key learning such as:

- Pupils learn about the way we grow and change throughout the human lifecycle
- Pupils learn about the impact of puberty on physical hygiene and strategies for managing this
- Pupils learn strategies to deal with feelings in the context of relationships

This content is statutory within the PSHE curriculum for Health Education; Changing Me and therefore compulsory for all children. During these lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. Many parents and parent-related organisations support good quality Relationship and Health Education in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

We will be holding an information session for parents on the following date:

**Friday 14<sup>th</sup> February at 9am in the large hall. Please enter via the hall door.**

*The designated Child Protection Officers of the school are Mrs K Dellow, Miss H Darley, Miss L Bolger, Mrs L Hemingway, Mrs F May and Mrs D Graham*





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You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about content before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting your child's class teacher. All materials used are available for you to browse through should you so wish.

If you would like further clarification regarding your child's entitlement to receiving the Relationship and Health curriculum and your duty as a Parent/Carer, the RSE policy is available to view on the school website and we highly recommend attending either parent information session as outlined above.

Many thanks,

**Miss Bates**  
**Assistant Headteacher**  
**PSHE Leader**

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