



Hunslet Moor Primary School
Headteacher: Miss H Darley
Telephone: 0113 271 7257
Email: Enquiries@hunsletmoor.co.uk

Dear Parents & Carers,

25th February 2025

Ramadan and Fasting – March 1st- March 30th 2025

We know that many of our families will soon be observing Ramadan: a period of prayer, fasting, self-control, charity-giving and goodwill to others. Schools in England have previously been provided with guidance on how they can best support families observing Ramadan. This guidance has been compiled by the Association of School and College Leaders in consultation with Imams, Islamic scholars, experts, and Muslim chaplains in the education sector. You can follow this link to read the guidance shared in previous years:

<https://www.ascl.org.uk/ASCL/media/ASCL/Help%20and%20advice/Leadership%20and%20governance/Information-Paper-Ramadan-February-2020.pdf>

The guidance is clear that **fasting is only obligatory under Islamic tradition when a child becomes an adult**. However, there is debate over when this is. All those consulted agreed that no child under the age of puberty is obliged or expected to fast. The Imams, Islamic scholars, experts, and Muslim chaplains consulted felt that **some younger children may want to do a partial fast, which they emphasised is best done under parental supervision after school hours**.

We would like to support our pupils in Year 6 who wish to observe fasting in the following ways:

- **Year 6 pupils only: from Monday 3rd March.** If any of our Year 6 pupils would like to observe fasting during the school day, we will support this by encouraging pupils to avoid physical activity during playtime. We will also provide a quiet area to talk and relax in while the rest of their peers eat in the dinner hall at lunchtime.

If you would like your child to observe fasting from Monday 3rd March until the end of term, **please complete the attached permission slip and return to school by Friday 28th February. You can contact your child's class teacher at any time on Class Dojo- this might be the best way to let us know any changes to the permission you have granted eg if your child decides not to fast on certain days.**

If you have any questions or would like to discuss anything concerning Ramadan and fasting, please contact our main school office and we would be more than happy to discuss this with you.

Yours Faithfully,

Ms Burdett

Year 5 and 6 phase leader

The designated Child Protection Officers of the school are Mrs K Dellow, Miss H Darley, Miss L Bolger, Mrs L Hemingway, Mrs F May and Mrs D Graham





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Permission slip:

Please ensure you complete the slip below in full.

Slips must be returned by Friday February 28th 2025

Name of child: Class:

Parent/Carer name (BLOCK CAPITALS):..... Signature:

Year 6 pupils only: from Monday March 3rd March 2025

I give permission for my Year 6 child to observe fasting from Monday 3rd March 2025. I understand that school will encourage pupils to avoid physical activity during playtime and that their class teacher will provide a quiet area to talk and relax while the rest of their peers eat in the dinner hall at lunchtime. **I give permission for my child to break their fast if they are feeling unwell***.

* Muslim scholars agree that if there is danger to an individual's health, it is permitted for them to break their fast. **To safeguard any child feeling unwell whilst they are observing fasting, we ask for your permission for them to break their fast if needed.**

ANY OTHER COMMENTS: _____

The designated Child Protection Officers of the school are Mrs K Dellow, Miss H Darley, Miss L Bolger, Mrs L Hemingway, Mrs F May and Mrs D Graham

