

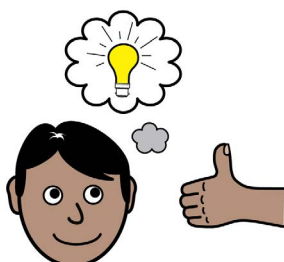
Questions about the Flu vaccination

flu



Flu is a viral infection that could make you really poorly.

good idea



Flu vaccination helps to protect your child.

It also stops spreading from your child to you or older more vulnerable adults in the family like grandparents. It means you don't have to stay home to look after them. Flu makes people too poorly to do everyday things like going to school and going to work.

nasal spray



Most children have the vaccination as a spray given up the nose.

This is called a nasal spray.



Healthcare staff who have had special training will give the nasal spray at school.

Older children may be able to do it themselves when they are with the healthcare team.

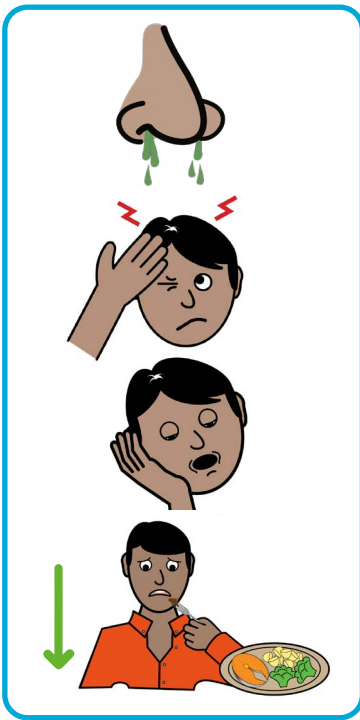
ingredients



It contains weak flu viruses that help to get your children's immunity to build up some protection.

Once they have had the vaccine, if they come into contact with the virus, they are unlikely to get it as they have already built up some protection.

It works quickly once sprayed into the nose, so even if they sneeze just after having the spray, it will still work. There is no need to worry.



Side effects are not common, but they could be:

Runny nose.

Headache.

General tiredness.

Some loss of appetite.



Children should not have the nasal flu spray if they are:

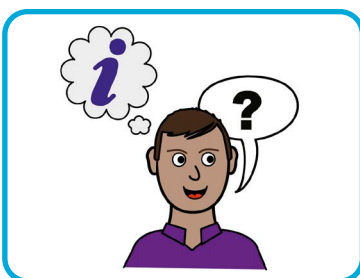
- **Severely asthmatic** i.e. being treated with oral steroids or high dose inhaled steroids.
- Are **severely immune compromised**.



The vaccine may contain really small amounts of animal products and other ingredients.

If you have any concerns about the contents then you can find more information at:

<https://www.gov.uk/government/news/vaccines-and-gelatine-phe-response>



Is there any other important information the flu team need to know?



School Aged Immunisation Service contact details:
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