



Hunslet Moor Primary School  
Headteacher: Miss H Darley  
Telephone: 0113 271 7257  
Email: [Enquiries@hunsletmoor.co.uk](mailto:Enquiries@hunsletmoor.co.uk)

Wednesday 28 February 2024

Dear Parent/ Carer,

### Our Relationship and Health Education Programme in Year 5

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. Through this, we teach many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE lessons are to help our pupils make safe and informed decisions during their school years and beyond. We will be using the PSHE scheme Jigsaw to deliver the curriculum.

Relationship and Health Education is an important part of the PSHE curriculum. We will be teaching lessons in the Summer term which will include key learning such as:

- **Pupils learn about the physical changes associated with puberty**
- **Pupils learn how to stay safe when using technology to communicate with friends**
- **Pupils learn how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty**
- **Pupils learn to answer each other's questions about puberty with confidence, to seek support and advice when they need it**

This content is statutory within the PSHE curriculum for Health Education; Changing Me and therefore compulsory for all children.

During these lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information. Many parents and parent-related organisations support good quality Relationship and Health Education in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

We will be holding two information sessions for parents on the following dates

**Wednesday 6<sup>th</sup> March 9:00 – 9:30am and Friday 15<sup>th</sup> March 9:00 – 9:30am**

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about content before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting your child's class teacher. All materials used are available for you to browse through should you so wish.

*The designated Child Protection Officers of the school are Mrs K Daniels, Miss H Darley, Mrs K Dellow, Miss L Bolger, Mrs L Hemingway, Mrs F May and Mrs D Graham*





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If you would like further clarification regarding your child's entitlement to receiving the Relationship and Health curriculum and your duty as a Parent/Carer, the RSE policy is available to view on the school website and we highly recommend attending either parent information session as outlined above.

Many thanks,

**Mr Acton**  
**PSHE coordinator**

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